



Dear Colleague,

As the year draws to a close, we would like to take this opportunity to thank everyone who has referred to Colchester Orthodontic Centre over the past 12 months. Each referral has been very much appreciated. In an everchanging and unsettling world the demand for orthodontic treatment continues unabated. We are delighted that we have been able to continue to help patients achieve wonderful, and in many cases, life changing improvements to their smiles!

Please find below a brief review of some events and developments that have taken place over the last year.



Private Referrals

Thank you for your continued referrals for private orthodontic treatment. Our Treatment Coordinator, Claire, is quick to respond to these and arrange consultations with one of our orthodontic specialists. Child and adult referrals are all welcome.



NHS Referrals

In September 2021 we were pleased to restart accepting new referrals for NHS orthodontic treatment. Since then we have received a huge number of referrals with the vast majority meeting the IOTN criteria for NHS treatment.

Private referrals can be made via our website, our paper referral form or via referral letter. It is helpful to provide as much relevant information as possible, together with copies of any radiographs you feel may assist with treatment planning. We will provide you with a detailed reply and assessment outcome once the treatment planning process is complete.

Our PDS contract to provide NHS orthodontic services is modest and as such our waiting list for a routine assessment and entry into treatment is now approximately 30 months.

Each referral is screened for its level of urgency and appointments issued accordingly. We aim to prioritise assessments and treatment for those most in need and those requiring early intervention. To help with this process please ensure all referrals are submitted on the Essex NHS orthodontic referral pro-forma and that as much relevant information is included as possible, especially the size of any overjet in millimetres and the presence of impacted teeth or delayed eruption or absence of permanent teeth. Alternatively, you can use a digital version through the Colchester Orthodontic Centre website.

Dentist Referral Area

Congratulations Laurie

Laurie Harper, previously our lead nurse, has now qualified as an orthodontic therapist! Laurie completed her training through The University of Central Lancashire, Preston, and Colchester Orthodontic Centre. Laurie has worked as an orthodontic nurse at the practice for over 10 years. We are absolutely delighted that she now continues to work with us as one of our orthodontic therapists. Congratulations Laurie!

Welcome To Claire

We are extremely happy to welcome Claire Walden to our team as our new Lead Treatment Coordinator. Claire joined the practice in June and is enjoying her new role with us. Please contact Claire for any private referrals or enquiries relating to private treatment at Colchester Orthodontic Centre.
claire@colchesterorthodontics.co.uk

Congratulations Ceri

Congratulations also to another of our orthodontic therapists, Ceri who celebrated her wedding at the end of September and is now Mrs Bird! All best wishes for the future to Ceri & her husband Adam.





Join Our Team

It is an exciting time to join Colchester Orthodontic Centre as we continue to expand and develop our team. We are currently recruiting for another Orthodontic Specialist and Orthodontic Nurse. Full details relating to these opportunities can be found on our website or via our Practice Manager, Karina Fogarty. karina@colchesterorthodontics.co.uk



British Orthodontic Conference

In September, some of our team attended the British Orthodontic Conference in Birmingham. This annual event is a great way to network with colleagues and catch up with recent clinical developments. Some of our orthodontic therapists and nurses had a great couple of days at the conference and look forward to next year's conference in London.



Lisbon Carriere Motion Appliance Conference

Gareth attended this Henry Schein sponsored conference in April. Held on The Portuguese Riviera, the conference provided a great update on the management of CLII and CLIII malocclusions with the Carriere Motion Appliance (CMA). The CMA provides another option for the management of mild to moderate crowding and increased or reverse overjet's in both adults and children. As this is a relatively new treatment system, good quality research into its effectiveness in terms of outcomes and stability compared to other treatment options are not yet available. However, we are seeing good results in the clinic.

BEFORE



AFTER



Patient Results Before/After

This patient has recently finished her treatment with us. She described the day her braces were taken off as 'better than all of her birthdays'. This patient had a removable brace initially prior to the surgical exposure of impacted upper central incisors & removal of overlying mesiodens. Upper and lower fixed braces were subsequently provided. She has now finished her active treatment is wearing night time vacuum formed retainers. She's very happy with her results!

Once again, thank you to everyone who has referred to us over the past year. We greatly appreciate your support.

Merry Christmas and a Happy New year!

Gareth Davies

**BDS MSc (ULond) LDS FDS RCS (Eng) MOrth RCS (Ed)
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